



Snooza Chair – Clinical reasoning

A Snooza chair is often the best option for comfort seating when a person has complex postural needs, limited motor control, or requires long periods of supported sitting. Its design goes far beyond a standard supportive chair it provides a therapeutic seating environment that protects the body, reduces effort, and promotes comfort, safety, and engagement.

Why a Snooza chair is clinically appropriate for comfort seating.

Deep-contour, fully cushioned support. A Snooza chair provides a soft, moulded, wrap-around seating surface that:

- Distributes pressure evenly across the body
- Reduces the risk of pressure areas
- Supports individuals who cannot maintain midline posture
- Helps calm high tone or involuntary movements

This makes it ideal for people who fatigue easily or cannot tolerate firm seating.

Promotes relaxation and reduces muscle tone. The chair's cocooning design helps:

- Reduce extensor spasms
- Lower overall muscle tension
- Provide a sense of security and containment
- Support sensory regulation

This is especially beneficial for individuals with Cerebral Palsy, profound global delay, or neurological conditions.

Safe, stable positioning without rigid straps. Unlike upright postural chairs, the Snooza allows the person to:

- Sit in a semi-reclined, supported position
- Be safely contained without relying on multiple straps
- Move slightly without sliding or losing position

This is particularly important for individuals who constantly move, extend, or shift.

Highly adaptable for daily routines. A Snooza chair can be used for:

- Relaxation
- Play and interaction
- Feeding
- Watching TV or sensory activities
- Rest periods between transfers

It supports participation in family life while keeping the person safe and comfortable.



Snooza Chair – Clinical reasoning cont.

Reduces carer strain. Because the chair holds the body securely:

- Carers do not need to reposition the person repeatedly
- There is less risk of manual handling strain
- The person remains stable even during involuntary movements

This makes daily routines smoother and safer.

Suitable for growth and long-term use. Many Snooza models offer:

- Adjustable padding
- Removable cushions
- Options to adapt as the person grows

This makes it a sustainable choice for children and adults with changing needs.

When a Snooza chair is the best option

A Snooza is particularly appropriate when the person:

- Cannot maintain an upright seated posture
- Slides or collapses in standard supportive seating
- Has high tone, involuntary movements, or extensor patterns
- Needs a safe place to rest outside their wheelchair
- Becomes distressed or fatigued in firmer postural chairs
- Requires long periods of low-effort, comfortable seating

In these situations, a Snooza provides comfort, safety, and stability that other chairs cannot match.